

Discipline and Extreme Behavior Policy

Go Bananas! Childcare strives to create an environment where each child learns and develops at their own pace and feels accepted, respected, and safe. When children receive positive and understanding interactions they develop good self-concepts, problem solving abilities, and self-discipline. Based on that belief, I use the following discipline and behavior management techniques:

- Communicate with children using positive statements.
- Communicate with children at their level.
- Explain unacceptable behavior to children.
- Give attention to children for positive behavior.
- Praise and encourage children.
- Apply rules consistently.
- Model appropriate behavior.
- Set up the classroom environment to prevent problems.
- Provide alternatives and redirect children to acceptable activities.
- Give children opportunities to make choices and solve problems.
- Help children talk out problems and think of solutions.
- Provide appropriate words to help solve conflicts.
- Use books and discussion to work through common conflicts.
- Offer a quiet place for calming and reflection.

If these strategies do not work, the behaviors are frequent, or an injury has occurred, time-out may be used. Time out will not exceed 1 minute per year of the child's age. No physical punishment will be used, even if requested by the parent.

Informal discussions regarding your child's behavior will occur at pickup. If problematic behaviors continue, a conference may be scheduled. If the behavior becomes so severe that it impacts my ability to teach and care for the other children in my care, you may be asked to pick up your child.

Extreme Behavior:

Negative behaviors are developmentally appropriate as children learn social skills, rules, and routines. I will help children learn appropriate behavior through various discipline and behavior techniques including modeling, discussion, redirection, or separation from the situation as needed. However, extreme behaviors will not be tolerated. Examples of extreme behavior may include but are not limited to:

- Excessive biting
- Excessive physical violence
- Behaviors that pose a serious safety risk to themselves or others
- Inability to stay within safety boundaries
- Inability to follow redirection or time out requests
- Destructive behavior
- Any continuous behaviors that do not allow me to meet the needs of the entire group

Children displaying these behaviors **may** do better with same age peers and multiple providers either in a center where the entire space is centered around a child or in a smaller group setting. As a sole home provider, it is difficult for me to navigate these behaviors effectively on my own. These behaviors may result in the immediate termination of our childcare agreement. If your child displays these extreme behaviors, I recommend discussing them with your child's family doctor and possibly getting a behavioral evaluation.

Parent's Signature: _____ Date: _____